

When is it time to consider Memory Care Assisted Living?

You notice difficulty performing daily activities

- Wearing the same clothing
- Diminishing personal hygiene
- Skipping meals & consuming an unsubstantial diet
- Lacking motivation to do laundry & housekeeping
- Isolating to a few rooms in the house

You notice increased memory loss & confusion

- Repeating questions & statements
- Making repetitive phone calls
- Misplacing items
- Forgetting to pay bills

You are concerned about medication management

- Forgetting or misusing medication
- Forgetting to order medication
- Keeping expired medication

Lack of socialization

- Losing touch with friends
- Losing interest in activities
- Showing signs of depression