

10 EARLY SIGNS & SYMPTOMS OF ALZHEIMER'S

1 Memory loss that disrupts daily life

One of the most common signs of Alzheimer's is forgetting recently learned information.

2 Challenges in planning or solving problems

Some people may experience changes in their ability to develop and follow a plan or work with numbers.

3 Difficulty completing familiar tasks at home, at work or at leisure

People with Alzheimer's often find it hard to complete daily tasks. They may have trouble driving to a familiar location, managing a budget at work or remembering the rules of a favorite game.



4 Confusion with time or place

People with Alzheimer's can lose track of dates, seasons and the passage of time.



5 Trouble understanding visual images & spatial relationships

For some people, having vision problems is a sign of Alzheimer's. They may have difficulty reading, judging distance and determining color or contrast.

6 New problems with words in speaking or writing

People with Alzheimer's may have trouble following or joining a conversation.

7 Misplacing things and losing the ability to retrace steps

A person with Alzheimer's may put things in unusual places. They may lose things and be unable to go back over their steps.



8 Decreased or poor judgment

People with Alzheimer's disease may experience some changes in judgment or decision making.

9 Withdrawal from work or social activities

A person with Alzheimer's may start to remove themselves from hobbies, social activities, work projects or sports.

Changes in mood and personality

People with Alzheimer's may become confused, suspicious, depressed, fearful or anxious.