

## Our Philosophy

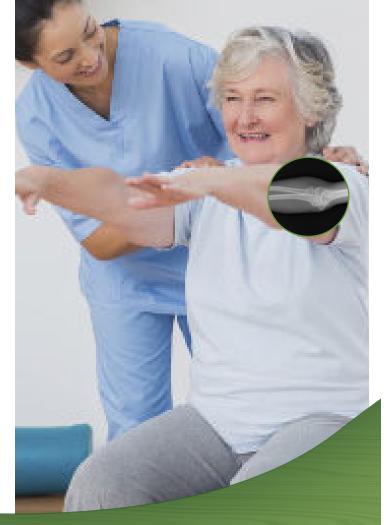
We are passionately committed to making a difference in people's lives by providing service of the highest quality and value while promoting health, independence, and whenever possible, providing a significant improvement in quality of life. We believe that each individual's health, both physical and mental, is paramount to their success in life. Therefore, we believe in providing specialized quality and value services to nurture and rehabilitate individuals needing therapeutic care.

### Some Treated Conditions Include:

- Orthopedic conditions both nonsurgical & post-operative
- Spine conditions: low back pain, stenosis, sciatica, etc.
- Arthritis
- Balance deficits/Falls
- Hand/Wrist/Elbow injuries
- Shoulder injuries
- Neck pain
- Postural concerns
- Transfer/Gait deficits
- Limitations in Activities of Daily Living
- Visual & spatial impairment
- Energy conservation measures
- Cognitive impairments
- Home modifications & adaptive equipment training

# Your life restored.

**Outpatient Therapies** 





Physical, Occupational & Speech Therapy 3207 Colonial Dr | Helena | 406.998.1426

### Outpatient Therapies: Stronger at Every Level

It's common for many people to think "I've never had major surgery, been in an accident or had an injury that required physical therapy"; but we're here to tell you CaringEdge Outpatient Therapies offer so much more! Therapists do a lot more than just stretch and strengthen weak muscles or joints after an injury or surgery. They are skilled at evaluating and diagnosing potential problems **before** they lead to more serious injuries or conditions; proactively offering solutions to help negate future life-changing events, such as a fall. And here's the **great** news: CaringEdge Outpatient Therapy services are delivered just down the hall, right inside your Edgewood community AND your Medicare can cover part of the cost! \* Our goal is to make a significant improvement in our residents' lives, by providing exceptional therapeutic services and care, while promoting optimal health, wellness, safety and function, through offering:

- Physical therapy helps maintain mobility and quality of life. Physical therapists can get you moving again, using scientifically based treatment techniques that focus on restoring function, reducing pain, and correcting or preventing injury – staying active can help manage your overall long-term health.
- Occupational therapy practitioners use research and scientific evidence to ensure their interventions are effective. With a strong knowledge of a person's psychological, physical, emotional and social makeup, occupational therapists can evaluate how your condition is affecting your body and mind. An occupational therapist will evaluate your situation and, with input from you, family, friends and/or care providers, develop individualized goals that will allow you to resume or improve valued daily activities.

• Speech therapy is provided by licensed speech-language pathologists (SLPs), who work to prevent, assess, diagnose, and treat speech, language, social communication, cognitive-communication and swallowing disorders in residents that have experienced an injury or illness that affects their communication.

#### **Medicare Quick Facts:**

- Medicare Part B helps pay for medically necessary outpatient physical and occupational therapy and speech-language pathology services
- Medicare law no longer limits how much Medicare pays for medically necessary outpatient therapy services in one calendar year\*
- All people with Medicare Part B are covered as long as services are medically reasonable and necessary\*
- We can check your eligibility! For more details on what your Medicare and/or private insurance plan will cover, please contact CaringEdge.

\*This material has been prepared solely for the purpose of providing general information and is not intended as a guarantee of coverage or as a legal document. Medicare policy changes frequently: our employees, agents and staff make no representation, warranty or guarantee that this Medicare information is error-free and will bear no responsibility or liability for the results or consequences of the use of this material or any information contained within as a reference. For additional information regarding Medicare please visit medicare.gov.